



HERITAGE

Newsletter for the month of Dec'24

ROTARY CLUB OF FARIDABAD HERITAGE

Message from the President

Dear Rotary Parivaar,

A very Happy New Year to all of you! I hope the new year brings you joy, good health, and continued success.

As I complete half of my tenure as your President, I want to extend my sincere thanks to each one of you for your constant support and encouragement. Together, we have strived to maintain the rich culture and legacy of Rotary Club of Faridabad Heritage, and I hope we have lived up to your expectations.

As we move into the second half of my term, I kindly request your continued support for the team. Your involvement and feedback are essential for our success. If you feel there are any areas or aspects that need more attention or haven't been covered in our projects so far, please feel free to share your thoughts. We want to ensure that every need and interest is addressed as we plan for the future.

Let's continue to work together to make a positive impact in our community and beyond.

Wishing you all a prosperous and fulfilling New Year!

Warm regards,

Rtn. Anshu Gupta

President, Rotary Club of Faridabad Heritage



Message from the Chairman, Vocational Services

A very Happy New Year to all of you! I hope this year brings you health, happiness, and countless opportunities to serve and grow together.

As you know, each month in the Rotary calendar is dedicated to celebrating a different aspect of Rotary's work, and January is dedicated to Vocational Service. This month gives us a wonderful opportunity to reflect on how we can utilize our professional skills and talents to serve others and contribute to the betterment of our community.

I would like to take this opportunity to request the support and guidance of each one of you in making this month and our vocational service projects a success. Vocational Service is at the heart of Rotary, and it is essential that we come together to create meaningful and long-lasting projects that truly make a difference.

To give you a brief overview of what we aim to achieve through our Vocational Service initiatives:

- Vocational training and skill development for individuals in need of career growth or change.
- Mentorship and guidance for young professionals, guiding them in their career paths.
- Promoting high ethical standards within the workplace and encouraging vocational excellence.
- Providing career opportunities to underprivileged communities, ensuring they can build sustainable livelihoods.

Message from the Chairman, Vocational Services

I encourage you all to come forward and actively participate in these efforts. Your expertise, time, and ideas are crucial in making these projects impactful and far-reaching. Let us work together to create vocational service initiatives that stand the test of time and leave a positive legacy for those we serve.

Looking forward to your valuable support and collaboration.

Wishing you all a successful and impactful year ahead!

Warm regards,

Rtn. Sandeep Goel
Chairman, Vocational Services
Rotary Club of Faridabad Heritage



Project of the Month

"The doctor of the future will give no medicine, but will instruct his patients in care of the human frame, in diet, and in the cause and prevention of disease."



Economic & Community Development ×

Warmth Distribution- World Disability Day

Date: 03 December 2024

Venue: Balveer Divyang Pathshala, NIT, FBD

Occasion: Sweater, Shoes and socks distribution on the occasion of World Disability Day

Partner- Balveer Divyang Pathsala

Beneficiaries-75+ kids

Disability Awareness and Inclusivity Celebration

The event aimed to promote awareness about disability, inclusivity, and equality, providing a platform for people with disabilities to share their experiences and challenges.

It successfully raised awareness, encouraged inclusivity, and empowered individuals. The distribution of assistive devices further helped improve the quality of life for those with disabilities.







Economic & Community Development ×

Warmth Distribution- World Disability Day

















Economic & Community Development

Warmth Distribution to Underprivileged

Date: 8 December 2024

Venue: Sunder Gaon School, Sector 10, Faridabad

Rotary Contribution: Sweater, fruits and eatables distribution for the poor children.

Event Coordinator: Rtn. Seema, Rtn Kuldeep Sethi

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Rotary Club of Faridabad Heritage has organised Sweater Distribution Drive successfully for needy students and underprivileged community kids. Aprx 150+ sweaters, fruits and other eatables were distributed to kids there. We're very thankful to all the Rotarians who devoted their time today for kids.









Economic & Community Development ×

Warmth Distribution to Underprivileged











Supporting the Environment

ROTARY WHEEL & SAVE EARTH SCULPTURE INAUGURATION

Date: 15 December 2024

Venue: Sector 21A, Faridabad Theme: Zero Waste Sector

Chief Guest: Rtn Mahesh Trikha & Mr Satish Gassain

The event marked the inauguration of the Rotary Wheel to enhance Rotary's public image and the launch of the Save Earth Sculpture, focusing on the theme "Zero Waste Sector." The initiative aimed to raise awareness about reducing waste and promoting sustainability within our community. Rtn. Mahesh Trikha, District Governor of Rotary Faridabad, graced the occasion as the Chief Guest, while Mr. Satish Gossain, Chairman & MD of Securica, was the Guest of Honour. Both appreciated the efforts of the Rotarians. Members of the Resident Welfare Association of Sector 21 also joined hands with Rotary Heritage to make this cause meaningful.







Supporting the Environment















Disease Prevention & Treatment

Cancer Survivors Day

Date: 06 December 2024

Venue: Auditorium, Sarvodaya Hospital, Sector 8 Faridabad

Cancer Survivors Day Celebration

Cancer patients treated by Sarvodaya were invited to celebrate Survivors Day. The event featured a cultural program, panel discussion, and experience-sharing session to honor and celebrate cancer survivors, caregivers, and their families.

A total of 135 cancer survivors attended the celebration. The event aimed to provide a platform for survivors to share their journeys, raise awareness about cancer prevention, early detection, and treatment, and inspire others.

Our goal is to foster independence, confidence, and meaningful contributions to society.









THALASSEMIA SCREENING,

HEALTH CHECKUP CAMP

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Date: 05 December 2024

Venue: JC BOSE UST YMCA, FARIDABAD

Beneficiaries: 82 People

Services at Camp: Free medical service of BP, Sugar, Thyroid/ Cholesterol, ECG and

Thalassemia Screening

Date: 17 December 2024

Venue: Senior Citizen Club, Sector 21A, Faridabad

Services: Health Talk on Thalasemmia, Cardiac Awareness and Urology Disease Awareness

Beneficiaries: 69 People











THALASSEMIA SCREENING, HEALTH CHECKUP CAMP AND **BLOOD DONATION CAMPAIGN**

Date: 21 December 2024

Venue: Mother's Pride School, Sector 88 Faridabad

Services: BP, SUGAR, doctor consultation and Thalasemmia screening

Spokesperson: Dr Somesh Virmani, Dr Vishal Parashar

Beneficiaries: 62 People

Date: 22 December 2024

Venue: Jan Sahyog welfare Association, 2K, NIT, Fbd.

Services: BP, Sugar, Thyroid/Cholesterol, Doctor consultation, Blood Donation Camp

Beneficiaries: 141(Camp), 25 (Mammography), 60+ blood unit













THALASSEMIA SCREENING, HEALTH CHECKUP CAMP AND BLOOD DONATION CAMPAIGN

Date: 22 December 2024

Venue: Panchayati Gurudwara, 3c Block NIT Fbd .

Free Services: BP, Sugar, Thyroid/Cholesterol, Doctor consultation

Beneficiaries: 130 (Camp), 86+ blood units

Date: 22 December 2024

Venue: Aadharshila Vidya Niketan School, Sector 87, SRS city, Fbd.

Free Services: BP, Sugar, Thyroid/Cholesterol

Beneficiaries: 141(Camp)













THALASSEMIA SCREENING,

HEALTH CHECKUP CAMP

Date: 29 December 2024

Venue: Ganga Vidya Niketan School, Ballabgarh

Services Provided: BP, Sugar, Thyroid/Cholesterol, ECG, BMD, Doctor Consultation

Beneficiaries: 103 people

Date: 29 December 2024

Venue: Brahman Dharamshala, Palwal

Services Provided: BP, Sugar, Thyroid/Cholesterol, Doctor Consultation

Beneficiaries: 45 people







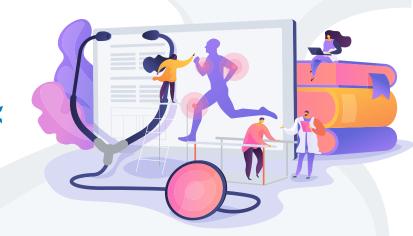








Empowering Our Community through Health Education



Our team of medical professionals provided comprehensive health check-ups and screenings to the attendees. Successfully screened for thalassemia and other health issues and provided medical consultations as needed

This camp raised awareness and encouraged healthier habits among attendees. Thank you to everyone who participated!

Health Check-Up and Blood Donation Camp organized by Rotary Heritage. These events aimed to promote health awareness and encourage community involvement in life-saving blood donation activities.

Thank you to everyone who made these camps a success – we look forward to more initiatives that inspire talent and teamwork and special thanks to the Sarvodaya Healthcare team for their support in making these camps a success.

Monthly Meet Ups

ROTARY HERITAGE GENERAL MEETING

Date: 13 December 2024

Venue: Aggrafe, sector 12 faridabad

Attendees: Rotary Member

Review of Past Activities: The meeting began with a review of the club's past activities, including the successful organization of health camps, sweater distribution drives, and other community service initiatives.

Future Initiatives: The club discussed and planned for upcoming initiatives, including a blood donation camp, a health talk on cardiac awareness, and a sports day event.

Rotary Heritage Rotaract Club: Planning to start a Rotaract club in Sarvodaya Nursing Institute.







"A Big Thank You!



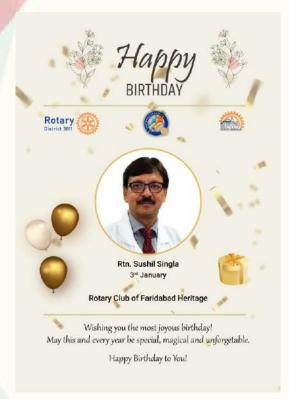
As we wrap up another month, we want to express our sincere gratitude to each and every one of our members who have contributed to our collective success.

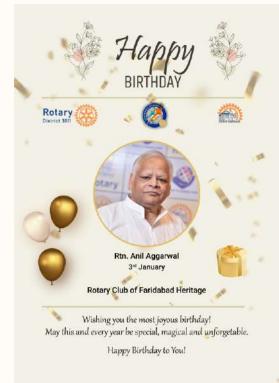
Your tireless efforts, dedication, and passion are what drive us forward, and we're honored to have you as part of our community.

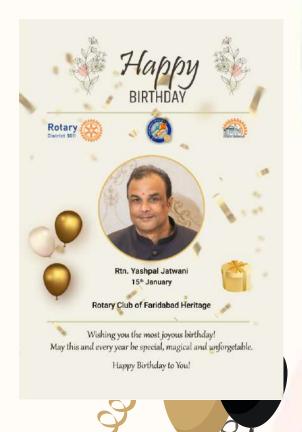
Thank you for your hard work, commitment, and enthusiasm. We're excited to see what the future holds! New year brings new joys and happiness and new ideas we really encourage everyone to contribute to their ideas plans for our upcoming activities and project

Looking forward to see all the creative mind and creative ideas

Upcoming Birthdays

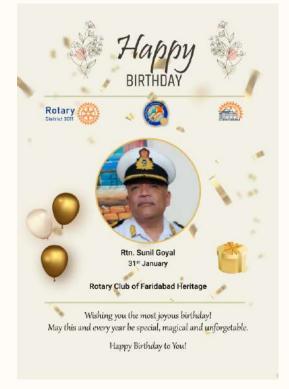






Upcoming Birthdays







Upcoming Anniversary









for your continued support and dedication.

All your enthusiasm made these events memorable and successful.







ROTARY CLUB OF FARIDABAD HERITAGE

RTN. ANSHU GUPTA President

RTN. KULDEEP SETHI Secretary

RTN. VINOD GUPTA
Treasurer